

Oregon Health Authority is conducting the Student Wellness Survey in January and February 2018.

The Oregon Health Authority is conducting the Student Wellness Survey in January and February 2018. This survey provides important data in order to fully understand and help the youth of Oregon.

What is the focus of the Student Wellness Survey?

The Student Wellness Survey was introduced in 2010 to assess school climate and the behavioral health of Oregon youth in grades six, eight and 11. School climate shows the degree to which students feel they belong, are valued and are physically and emotionally safe at school. The behavioral health focus assesses risk and protective factors that influence student success. There are two versions of the survey, one for middle schools and a slightly longer survey for high schools.

Grade 6 & 8	Grade 11	Topics on the Student Wellness Survey
✓	✓	Student mobility--how often youth move or change schools
✓	✓	Commitment to school including school performance, school attendance, and how important they think school is for their future
✓	✓	Opportunities for participation in class and other school activities
✓	✓	Meaningful relationships with teachers, school staff and other students
✓	✓	Witnessing or perpetrating harassment, bullying or fighting in the school environment
✓	✓	Antisocial behavior such as carrying weapons, selling drugs, or being drunk at school
✓	✓	Positive youth development
✓	✓	Psychological stress, depression and suicide ideation
✓	✓	Problem gambling and substance use (primarily patterns of alcohol, tobacco and Marijuana, synthetic drug use, accessibility, perceived risk of harm and parent attitudes about use)
	✓	How youth get alcohol, tobacco and marijuana and lifetime use of illicit drugs
	✓	Height, weight, body image and unhealthy eating behaviors

Why should a district participate in the Student Wellness Survey?

- In 2016, over 65 percent of all Oregon school districts participated.
- Results from this survey provide participating schools and communities with evidence based data for planning, grants, and applications for funding future prevention efforts.

Who can participate?

- All Oregon public schools with students in grades six, eight and 11 are invited to participate at no charge to schools.
- Schools are encouraged to survey all eligible students, but large schools may opt to survey a sample of their youth.

What will the participating district and school receive?

- Participating districts and schools that survey 20 or more students in a grade will receive an electronic Student Wellness Survey report.
- Each report is organized into chapters that highlight specific topics, summary data tables and graphs.
- Reports compare results from multiple years and overall state and local estimates of all three grades. Making it is easy to compare local results to those of the state and to see the differences among 6th, 8th and 11th grade students.
- The appendices at the end of the report include data tables for each survey item, and copies of the 2018 surveys.

When will the survey results be available?

- Confidential district- and school-level reports will be issued to School Superintendents in June 2018. This preliminary report excludes state-level comparisons.
- Final reports will be received in October 2018.

What is the cost of the surveys?

- All 6th, 8th and 11th grade students can be surveyed at no charge to schools.

How long are the surveys and how are they administered?

- It can take students approximately 45 minutes or less to complete the Student Wellness Survey.
- School districts may also choose to use the on-line or paper-and-pencil survey.

Are the participants anonymous?

- The survey is voluntary and individual survey responses are completely anonymous. Students are not asked to write their name or any identifying information on their survey.

What is new?

- New to the 2018, 6th and 8th graders are now asked to report their height and weight.
- In order to be more inclusive the race/ethnicity and gender identity questions have been expanded.

How can I get more information?

Contact: **Surveillance and Evaluation Team, HPCDP**
OHA, Health Promotion and Chronic Disease
971-673-0984
hpcdp.surveillance@dhsoha.state.or.us

Additional information can be found on the Student Wellness Survey website at:
<http://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/CHRONICDISEASE/DATAREPORTS/Pages/student-wellness.aspx>